

**UCSF Pediatric Urology
Child and Family Information Material**

Circumcision

Post-Op Instructions for Newborn, Baby & Toddler

Activity:

Quiet normal activity is allowed for toddlers, ie walking, stair climbing and going outside with supervision. Avoid rough play for the first week, which may cause oozing from the incision. Put straddle toys out of sight. Babies should be treated normally.

Bathing:

It is best to avoid full-body bathing until the 2nd day after surgery. Sponge bathing is fine. After the third day, your child can bathe/be bathed as normal (newborns should wait until the umbilical cord has fallen off - about two weeks). Avoid very warm water.

Incisional care:

A dressing wrap around the penis is usually applied. Often it falls off after surgery, which is not a major concern. If the dressing is still in place, it should be removed on the 2nd day after surgery. This can be done by sitting your son in the bath for 10 minutes, and unraveling the bandage completely. After the bandage is off, leave the penis open to air and apply Vaseline or bacitracin ointment to the penis with each diaper change or several times a day. This will prevent the dry edges of the incision from sticking to the diaper. Expect some oozing and bruising from your son's circumcision. We anticipate this and it is part of the normal healing process. It may be helpful to apply gentle pressure with a tissue. If you notice heavy bleeding, notify our office at **415 353 2200**.

Pain Control:

If your son has any pain from the operation, Children's Tylenol or Tylenol with codeine elixir may be given. Follow the dosage directions on the bottle.

Follow up:

Please make an appointment for a post-operative visit approximately 4 weeks after surgery by calling us at **415 353 2200**. If you have any other questions, please don't hesitate to call our office at this phone number.

See the next page for contact information.

Contact Information:

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Appointments & Location

Mission Bay Benioff Children's Hospital (Surgical Admissions)

1975 4th Street

San Francisco, CA 94143

[415.353.2200](tel:415.353.2200) (Phone)

[415.353.2480](tel:415.353.2480) (Fax)

Children's Hospital & Research Center Oakland

747 52nd Street Ambulatory Care 4th

Oakland, CA 94609

[510.428.3402](tel:510.428.3402) (Phone)

PEDIATRIC NURSE PRACTITIONERS

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